



HOUSE BREAKFAST

BENNYS

All Bennys are served on a toasted English muffin and come with 2 poached AB eggs and our house breakfast potatoes

BISCUIT BENNY 17
hardwood smoked seared ham or spinach & mushroom

SAWMILL BENNY 18
southern style sausage gravy with perfectly poached eggs on a house-made buttermilk biscuit

FAVOURITES

STEAK & EGGS 23
sirloin steak, grilled & served with two fresh ab eggs, hash browns and choice of toast

ROUGHNECK 21
2 bacon, 2 sausage, 2 ham, 2 fresh ab eggs, plenty of potatoes, 2 toast & 2 pancakes served with butter & maple syrup

AMERICAN 16
house-made burger patty, two eggs any style, toast & shredded or diced potatoes *add a pancake 3.5*

HEALTH CLUB 15
one poached egg, toast, tomato & fruit salad or greek yogurt

STANDARDS

DINO BOWL 16
greek yogurt, granola, berry compote, roasted nuts, mint, finished with a honey drizzle

GOLDEN OLDIE 16
2 ab eggs any style, your choice of any of our breakfast meats, breakfast potatoes, and our breakfast breads

OATS & FRUITS 16
oatmeal, dried fruit, nuts & seeds, topped with honey, comes with brown sugar and milk
sub milk for dairy free \$1 or maple syrup for honey \$1.5

SANDWICH

SUNNYSIDER 8
toasted english muffin, sausage patty, fried egg, smoked cheddar, mayo

BREAKFAST WRAP 15
applewood bacon, fluffy ab eggs, cheese, roasted garlic mayo, grilled and wrapped in a fresh tortilla

ADD ONS

APPLEWOOD BACON 4
BREAKFAST SAUSAGE 4
EXTRA AB EGG 2.5
FRUIT SALAD 6
JUST OATMEAL 6
CEREAL & MILK 6

OMELETTES & SCRAMBLERS

All of our omelettes are made with 3 AB eggs and come with your choice of our breakfast bread and house breakfast potatoes

Choice of three fillings for omelets & scramblers:

mushrooms	roasted red peppers	bacon
black forest ham	diced peppers	diced sausage
cheese	red onion	smoked cheddar
green onions	tomato	spinach

CLASSIC SCRAMBLER or
OMELETTE 19

three egg omelet with your choice of three fillings, served with hash browns or breakfast potatoes & toast.

DENVER 19
with peppers, onions, black forest ham, pub cheese served with hash browns or breakfast potatoes & toast.

RANCHER 21
steak tips, savoury mushroom, onion & smoked cheddar served with hash browns or breakfast potatoes & toast.

GRIDDLES

FRENCH TOAST 17
egg dipped bread topped with traditional cinnamon & sugar or served with butter & maple syrup

BUTTERMILK PANCAKES 16
stack o' five buttermilk pancakes topped with chef's choice topping or served with butter & maple syrup

RISE & SHINE 18
two buttermilk pancakes, two eggs, two bacon or two sausage, served with butter & maple syrup

BACON PANCAKES 18
stack o' five buttermilk pancakes with five strips of bacon baked right in! served with butter & maple syrup

BAKERY

FROM THE BAKERY

muffin fruit or bran 4.25
warm cinnamon bun 5.75
brioche toast with honey 5.25
house-made biscuits 3.75
english muffin 3.75
side toast 4.25

BEVERAGES

fruit juice sm 3.75 lg 4.25
milk or chocolate milk sm 3.5 lg 4
hot chocolate 3.75
pop, iced tea 3.75 (bottomless)
coffee 3.5 (bottomless)
tea 3.75
we have a wide variety of flavoured and herbal teas, please ask your server.