



# HOUSE BREAKFAST

BENNYS

All Bennys are served on a toasted English muffin and come with 2 poached BC eggs and our house breakfast potatoes

**SMOKED SALMON BENNY** \$21

canadian cold smoked salmon

**CLASSIC BENNY** ..... \$19

hardwood smoked seared ham

**SOCAL BENNY** ..... \$19

fresh tomato slices, avocado, arugula

STANDARDS

**KOOCANUSA BOWL** ... \$16

fresh seasonal berries, greek yogurt, granola, berry compote, roasted nuts, mint, honey drizzle

**GOLDEN OLDIE** ..... \$17

2 bc eggs any style, your choice of any of our breakfast meats, breakfast potatoes, and our breakfast breads

**OATS & FRUITS** ..... \$15

oatmeal, fresh & dried fruit, nuts & seeds, topped with honey, comes with brown sugar and milk  
*(sub for dairy free \$1.00 or maple syrup for honey \$1.50)*

SANDWICH

**SUNRISE CLUB** ..... \$19

multi-grain bread, house roasted turkey, applewood smoked bacon, over medium egg, tomato, lettuce, caramelized onions, mayo, *(add avocado \$2.00)*

ADD ONS

APPLEWOOD BACON \$4

MAPLE SAUSAGE \$3

SIDE TOAST \$2.5

EXTRA BC EGG \$2.5

1/4 AVOCADO \$3.5

SEASONAL FRUIT \$6

All of our omelettes are made with 2 BC eggs and come with your choice of our breakfast bread and house breakfast potatoes

**RANCHER** ..... \$25

grilled aaa canadian steak tips, roasted mushrooms, and onions topped with swiss cheese

**DENVER** ..... \$18

sautéed mixed peppers, diced onions, ham, and topped with cheddar cheese

**THREE CHEESE** ..... \$17

a blend of cheddar cheese, monterey jack, and parmesan

**CANUCK** ..... \$22

smoked salmon, avocado, goat cheese, tomatoes

OMELETTES

**STUFFED FRENCH TOAST** \$20

challah bread stuffed with nutella and topped with a mix berry compote

**SEASONAL PANCAKES** \$18

3 buttermilk pancakes topped with the best of bc's seasonal ingredients served with whipped cream and maple syrup

GRIDDLES

**CHEF  
WEEKLY  
QUICHE**

comes with your choice of breakfast potatoes or our house greens

**\$22**

BEVERAGES

fruit juice sm \$3.75 lg \$4.25  
milk or chocolate milk sm \$3.50 lg \$4.00  
hot chocolate \$3.75  
pop, iced tea \$3.75 (bottomless)  
coffee \$3.50 (bottomless)  
tea \$3.75

we have a wide variety of flavoured and herbal teas, please ask your server.

We will attempt to accommodate any special request, including gluten-free or vegetarian.  
Please ask your server. Prices do not include applicable taxes.



# KIDS' BREAKFAST

TOAD IN A HOLE ..... \$10

1 egg over easy nestled in the bread and toasted  
extra toad \$3.50

DAD'S SANDWICH ..... \$10

english muffin, 1 fried egg, bacon, mayo, tomato, lettuce, cheese

MOM'S BREAKFAST' ..... \$10

1 egg any way, 1 piece of bread, 2 bacon or 2 sausages

SQUIRREL PANCAKES ..... \$10

3 small pancakes, nutella, sliced banana, whipped cream

meals above come with choice of potatoes or yogurt or fresh fruit

BREAKFAST SOUP ..... \$7

cereal with milk

*pick from:*

*fruit loops • rice krispies • cheerios • corn pops • lucky charms*

SQUIRREL SOME AWAY

1 egg \$2

1 pc bacon \$1.50

1 pc sausage \$1.50

side of fruit (small) \$2.50

1 pc toast \$1.00

yogurt cup \$2.00

## BEVERAGES

milk sm \$3.50 lg \$4.00 chocolate milk sm \$3.50 lg \$4.00

hot chocolate \$3.75

