

appetizers

1 lb classic chicken wings 17

buffalo, salt & pepper, bbq, honey garlic with celery, carrots and buttermilk ranch

80's potato skins 13.5

cheese, bacon, green onion, salsa & sour cream

nachos 15

house-made tortilla chips, all the right stuff
add 4 spicy beef • 4 crunchy chicken

salt + pepper dry ribs 16.5

house-made dill dip

quesadilla 14

tomato, red pepper, green onion & cheddar, salsa, sour cream & guacamole

sweet chili chicken bites 13.5

crispy chicken bites tossed with sweet chili

loaded cactus chips 14.5

thin sliced potatoes fried crispy, topped with cheese, bacon bits, tomato, green onion & chipotle lime ranch

big chili cheese fries 13.5

chili & cheese & fries

dirty fries

buffalo chicken 14.5

chicken, mozza, gravy, buffalo sauce

classic 12.5

mozza, gravy

cheeseburger 16

beef, cheese, gravy, dill pickles, shrettuce, tomato, red onion, ketchup, mustard

salads

grilled chicken salad 14.5

grilled garlic naan topped with bocconcini cheese & tomatoes, garden greens, with an olive oil balsamic drizzle

caesar salad 13

romaine, parmesan, croutons, garlic bread
add 4. crunchy chicken

chef salad 16.5

garden greens, roast beef, ham, turkey, hard egg, tomato, cucumber & cheddar, choice dressing

garden greens 9

your choice of hellmann's dressing

taco salad 14.5

mixed greens, tomato, red pepper, onion & cheddar, salsa, sour cream & guacamole, roasted corn, black beans, crispy tortillas, chipotle lime ranch dressing, shredded cheese

add 4 spicy beef • 4 crunchy chicken

breakfast

 until 11 am... ask about all day & kids options**health club 12.5**

one poached egg, toast, fresh tomato and a cup of oatmeal

traditional eggs benedict 15.5

two lightly toasted english muffin, black forest ham, medium poached egg with shredded or diced potatoes, topped with buttery real hollandaise sauce

house-made pancakes, waffles or french toast 12.5

made fresh, garnished with whipped cream and fruit compote or syrup & butter

traditional breakfast 13

two eggs your way, three breakfast sausages or three strips of bacon or two slices of ham served with shredded or diced potatoes & toast add a pancake? 3.5

heritage heavenly omelette 14.5

three egg omelette with your choice of 3 fillings. served with shredded or diced potatoes & toast

the lumberjack 16.5

two golden pancakes, 2 bacon, 2 sausages, 1 slice of ham, 2 eggs any style, shredded or diced potatoes & toast

the rancher 19

charbroiled 6 oz. sirloin steak, 2 eggs any style, shredded or diced potatoes & toast

oatmeal 6

milk, brown sugar & raisins

cereal - assorted 6

milk

white • wheat • marble rye • multi-grain • sour-dough • gluten free

pasta

classic lasagna 16.5

house-made meat sauce, layered with pasta & baked with mozzarella. served with garlic toast

chef choice daily pasta 15

ask your server!

flat breads

classic margherita 10.5

a classic, made with fresh tomatoes, mozzarella cheese and basil pesto drizzled with olive oil

bbq chicken 12.5

a bbq treat! chicken smothered in cheese & red onion strings with a tangy bbq sauce base, sure to be a favorite

chicken alfredo 13.5

shredded chicken, oregano, parmesan cheese with an olive oil drizzle on a creamy alfredo base

all prices plus tax • please ask your server for any requests

entrées *

mac & cheese 15**

this classic recipe is sure to satisfy the kid in all of us, comes with garlic toast

veal cutlet dinner 15.5

fries + vegetable

liver & onions dinner 15.5

fries + vegetable

chicken fingers + fries 15

three crispy chicken tenders with plum sauce & fries

hot beef sandwich 15.5

sliced tender house roasted beef piled high on garlic toast with our rich gravy + vegetable

grilled chicken breast 15.5

served with creamy mushroom sauce + vegetable

hot hamburger sandwich 15.5

6 oz. beef patty served on garlic toast with sautéed mushrooms, onions & gravy

house-made fish & chips 17

2 piece fish, lightly battered. house-made tartar sauce, coleslaw

soup of the day 5 / 3.75

ask your server about a bowl or cup of our house-made soup {no soup on sunday}

dips & gravy

house-made dill dip 1.5

chipotle lime ranch 1.5

hot gravy 1.5

burgers

sk + fries 16.5

6 oz. fresh 100% canadian beef patty, chef's sauce on a toasted potato roll with shrettuce, tomato & onion add cheese/bacon add 2. ea.

rsk double + fries 18.5

two 6 oz. fresh 100% canadian beef patties, bacon, cheese & chef's sauce on a toasted potato roll with shrettuce, tomato & onion

crunchy chicken + fries 16

frank's buttermilk chicken breast on a toasted potato roll with crunchy slaw and pickles

kids

grilled cheese triangles 4
with fries

chicken bites 6
with fries & plum sauce

buttered noodles 5
with parm

dessert ask your server!

sandwiches

southwest chicken wrap + fries 15.5

grilled chicken, bacon, tomato, shrettuce, cheese & poblano avocado ranch

turkey pesto mozza melt + fries 16.5

smoked turkey, bacon, tomato, bocconcini cheese, pesto mayo, on san francisco sour-dough, grilled to perfection

heritage classic club house + fries 16.5

smoked turkey, bacon, cheddar, shrettuce, tomato & mayo on white, brown, marble rye, multi-grain or sour-dough bread add 2. sautéed onions

french dip + fries 16.5

house roast beef, swiss, mushrooms & horseradish sauce on a toasted roll, served au jus

monte cristo + fries 15.5

dipped egg bread with turkey, ham, swiss, cheddar grilled to perfection

heritage steak sandwich + fries 18.5

8 oz. grilled sirloin, garlic toast, crispy onion strings, sautéed mushrooms

fish sandwich + fries 15

lightly battered, house-made tartar sauce, potato roll, shrettuce, cheese. it's really good!

philly cheese + fries 16.5

house roast beef, sautéed peppers & onions, swiss, cheddar & chipotle mayo on toasted roll

rueben + fries 15.5

smoked meat with swiss & sauerkraut served on marble rye with a side of 1000 island & pickles

white • wheat • marble rye • multi-grain • sour-dough • gluten free

beverages

fruit juice sm 2.25 lg 3.25

milk or chocolate milk sm 2.25 lg 3.25

hot chocolate 2.25

pop or iced tea 2.25 (bottomless)

coffee or tea 2.25 (bottomless)

we have a wide variety of flavoured and herbal teas please ask your server.

