



HOUSE BREAKFAST

 is a fan favourite!

BENNYS

 **HOUSE BENNY** 19
hardwood smoked seared ham served on a toasted english muffin with 2 poached AB eggs and our house breakfast potatoes finished with hollandaise

SOCAL BENNY 19
sautéed spinach, grilled tomatoes and sautéed mushrooms on toasted english muffin with 2 poached AB eggs and our house breakfast potatoes finished with hollandaise

STEAK & EGGS 25
flat iron steak, grilled & served with two fresh AB eggs, hash browns and choice of toast

 **ROUGHNECK** 23
2 bacon, 2 sausage, 2 ham, 2 fresh AB eggs, plenty of potatoes, 2 toast or 2 pancakes served with butter & maple syrup

AMERICAN 16
house-made burger patty, two eggs any style, toast & shredded or diced potatoes *add a pancake 3.5*

HEALTH CLUB 15
one poached egg, toast, tomato & fruit salad or greek yogurt

SPITZEE BOWL 16
fresh seasonal berries, greek yogurt, granola, berry compote, roasted nuts, honey drizzle

 **GOLDEN OLDIE** 16
2 AB eggs any style, your choice of any of our breakfast meats, breakfast potatoes, and our breakfast breads

OATS & FRUITS 16
oatmeal, fresh & dried fruit, nuts & seeds, topped with honey, comes with brown sugar and milk
sub milk for dairy free \$1 or maple syrup for honey \$1.5

SUNNYSIDER 8
toasted english muffin, sausage patty, fried egg, smoked cheddar, mayo

BREAKFAST WRAP 16
applewood bacon, fluffy AB eggs, cheese, roasted garlic mayo, grilled and wrapped in a fresh tortilla

APPLEWOOD BACON 4.5
BREAKFAST SAUSAGE 4.5
SIDE TOAST 4.25
EXTRA AB EGG 3
ENGLISH MUFFIN 3.5
FRUIT SALAD 7

FAVOURITES

STANDARDS

SANDWICHES

ADD ONS

All of our omelettes are made with 3 AB eggs and come with your choice of our breakfast bread and house breakfast potatoes

Choice of three fillings for omelettes & scramblers:

mushrooms	roasted red peppers	bacon
black forest ham	diced peppers	diced sausage
cheese	red onion	smoked cheddar
green onions	tomato	

CLASSIC SCRAMBLER or OMELETTE 20

three-egg omelette with your choice of three fillings, served with hash browns or breakfast potatoes & toast

 **DENVER** 20
with peppers, onions, black forest ham, pub cheese served with hash browns or breakfast potatoes & toast

VEGGIE 19
spinach & tomato served with hash browns or breakfast potatoes & toast

FRENCH TOAST 18
egg dipped bread topped with traditional cinnamon & sugar or served with butter & maple syrup

BUTTERMILK PANCAKES 17
stack o' five buttermilk pancakes topped with chef's choice topping or served with butter & maple syrup

 **RISE & SHINE** 18
two buttermilk pancakes, two eggs, two bacon or two sausage, served with butter & maple syrup

 **BREAKFAST SKINS** 18.5
a morning spin on a classic – crispy potato skins piled with scrambled AB eggs, bacon & mixed cheese

PRAIRIE BREAKFAST

POUTINE 22
crispy hash browns topped with cheese curds, smoked bacon, breakfast sausage, caramelized onions, two eggs any style, and rich gravy.

fruit juice reg 3.75 lg 4.25
milk or chocolate milk reg 3.5 lg 4
hot chocolate 3.75
pop, iced tea 3.75 (bottomless)
coffee 3.5 (bottomless)
tea 3.75

we have a wide variety of flavoured and herbal teas, please ask your server.

OMELETTES & SCRAMBLERS

GRIDDLES

REGIONALS

BEVERAGES



gluten-friendly bread, buns, wraps or pastas may be substituted on most items for \$2. We maintain a separate fryer for



Please inform your server of any allergies or dietary needs. Prices do not include applicable taxes.

We will attempt to accommodate any special request.