

SEASONS

CAFE & EATERY

Heritage Lounge

breakfast appetizers

mini donuts 3.5

fresh made to order, 5 in a bag ask your server

fresh baked croissant 3.5

appetizers

1 lb classic chicken wings 15.5

buffalo, salt & pepper, bbq, honey garlic with celery, carrots and buttermilk ranch

nachos 14.5

house-made tortilla chips, all the right stuff
add 4 spicy beef • 4 crunchy chicken

salt + pepper dry ribs 15.5

house-made dill dip

quesadilla 12.5

tomato, red pepper, green onion & cheddar, salsa, sour cream & guacamole

sweet chili chicken bites 13.5

crispy chicken bites tossed with sweet chili

queso & chips 9

there's nothing like a good queso to dunk your fresh tortillas

loaded cactus chips 13

thin sliced potatoes fried crispy, topped with cheese, bacon bits, tomato, green onion & chipotle lime ranch

hot bacon dip 10.5

hot cheesy bacon delicious, fresh tortilla chips

seafood

prawn scampi 12.5

beautiful buttery cooked prawns with an accompaniment of fresh tomato, green peppers and green onion. topped with parmesan cheese. served with garlic toast

burgers

sk smash + fries 14.5

6 oz. fresh 100% canadian beef patty, chef's sauce on a toasted potato roll with shrettuce, tomato & onion
add cheese/bacon add 2. ea.

rsk smash double + fries 18

two 6 oz. fresh 100% canadian beef patties, bacon, cheese & chef's sauce on a toasted potato roll with shrettuce, tomato & onion

breakfast until 11 am... ask about all day & kids options

yogurt bowl 9

greek yogurt with fresh fruit & toasted granola drizzled with honey

health club 11.5

one poached egg, toast, fresh tomato & fresh fruit or greek yogurt

traditional eggs benedict 14.5

two lightly toasted english muffin, black forest ham, medium poached egg with shredded or diced potatoes, topped with buttery real hollandaise sauce

house-made pancakes, waffles or french toast 12.5

made fresh, garnished with whipped cream and fruit compote or syrup & butter

traditional breakfast 12

two eggs your way, three breakfast sausages or three strips of bacon or two slices of ham served with shredded or diced potatoes & toast add a pancake? 3.5

breakfast poutine 14

crisp hashbrowns topped with cheese, gravy, hollandaise, two eggs any style, green onion and three bacon or three sausages or a big slice of ham. served with toast

heritage heavenly omelette 12.5

three egg omelette with your choice of 3 fillings. served with shredded or diced potatoes & toast

the lumberjack 14.5

two golden pancakes, 2 bacon, 2 sausages, 1 slice of ham, 2 eggs any style, shredded or diced potatoes & toast

the rancher 19

charbroiled aaa 6 oz. sirloin steak, 2 eggs any style, shredded or diced potatoes & toast

oatmeal 6

milk, brown sugar & raisins

cereal - assorted 6

milk

white • wheat • marble rye • multi-grain • sour-dough • gluten free

dirty fries

buffalo chicken 13

chicken, mozza, gravy, buffalo sauce

cheeseburger 13.5

beef, cheese, gravy, dill pickles, shrettuce, tomato, red onion, ketchup, mustard

classic 11

mozza, gravy

dips

& gravy

house-made dill dip 1.5

jalapeño cheese dip 1.5

chipotle lime ranch 1.5

hot gravy 1.5

side queso 3

crunchy chicken + fries 14.5

frank's buttermilk chicken breast on a toasted potato roll with crunchy slaw and pickles

bacon chicken swiss + fries 15.5

a seasoned 6oz chicken breast served with all the fixing, as well as 2 slices of bacon and a slice of american cheese

cajun chicken burger + fries 14

a chicken breast coated in cajun seasoning, grilled and served with fresh onion, mayo and melted cheddar cheese

entrées *

mac & cheese 14 **

this classic recipe is sure to satisfy the kid in all of us, comes with garlic toast

veal cutlet dinner 14.5

fries + vegetable

liver & onions dinner 14.5

fries + vegetable

chicken fingers + fries 13.5

three crispy chicken tenders with plum sauce & vegetable

hot beef sandwich 14.75

sliced tender house roasted beef piled high on garlic toast with our rich gravy + vegetable

grilled chicken breast 14.5

served with creamy mushroom sauce + vegetable

hot hamburger sandwich 14.5

6 oz. beef patty served on garlic toast with sautéed mushrooms, onions & gravy

house-made fish & chips 17

2 piece fish, lightly battered. house-made tartar sauce, coleslaw

*substitute **no side

caesar or tossed or onion rings or cactus chips
or sweet, mashed or baked potato instead of fries?

soup of the day 5 / 3.75

ask your server about a bowl or cup of our house-made soup {no soup on sunday}

pastas

cajun linguine 12.5

carefully crafted sauce, seasoned with cajun spices and parmesan cheese, served with garlic toast. add chicken or shrimp for 4

shrimp linguine 12.5

fresh diced tomato, mushrooms, and spinach served in a white wine mediterranean sauce. topped with parmesan and green onion. garlic toast

flat breads

classic margherita 9.5

a classic, made with fresh tomatoes, mozzarella cheese and basil drizzled with olive oil

bbq chicken 10.5

a bbq treat! chicken mothered in cheese with a tangy bbq sauce base, sure to be a favorite

shrimp pesto 14.5

fresh shrimp, parmesan cheese and a basil pesto drizzle. on a garlic sauce base

philly steak 15.5

a mix of green peppers, white onion and tender steak, smotherd in cheese and served with an horseradish drizzle

dessert ask your server!

sandwiches

southwest chicken wrap + fries 14

grilled chicken, bacon, tomato, shrettuce, cheese & poblano avocado ranch

heritage classic club house + fries 14.5

smoked turkey, bacon, cheddar, shrettuce, tomato & mayo

french dip + fries 14.5

house roast beef, swiss, mushrooms & horseradish sauce on a toasted roll, served au jus

steak sandwich + fries + caesar 18

8 oz. grilled sirloin, garlic toast, crispy onion strings, sautéed mushrooms

fish sandwich + fries 14

lightly battered, house-made tartar sauce, potato roll, shrettuce, cheese. it's really good!

steak & blue + fries 16

sliced sirloin steak, blue cheese, crispy onion strings & shrettuce on grilled san francisco sour-dough

white • wheat • marble rye • multi-grain • sour-dough • gluten free

panini

roast beef & onion 11.5

house-cooked roast beef pressed between your choice bread, cheddar, onion and a dijon sauce. choice of side

rueben 12

smoked meat with swiss & sauerkraut. served with a side of 1000 island & pickles. choice of side

bbq pulled pork 11.5

pressed sandwich of cheddar, onion and pulled pork, smothered in bbq sauce. choice of side

tuscan turkey 12.5

hand carved turkey served pressed with mozzarella cheese, fresh tomatoes, spinach and a sundried tomato mayo. choice of side

salads

garden greens 9

your choice of hellmann's dressing

grilled chicken skewer salad 14.5

grilled garlic naan topped with bocconcini cheese & tomatoes, garden greens, with an olive oil balsamic drizzle

caesar salad 12

romaine, parmesan, croutons, garlic bread
add 4. crunchy chicken

chef salad 16.5

garden greens, roast beef, ham, turkey, hard egg, tomato, cucumber & cheddar, choice dressing

taco salad 14.5

mixed greens, roasted corn, guacamole, black beans, crispy tortillas, chipotle lime ranch dressing, shredded cheese
add 4 spicy beef • 4 crunchy chicken

payment

