

SEASONS

CAFE & EATERY

Heritage Lounge

breakfast appetizers

mini donuts 3.5

fresh made to order, 5 in a bag ask your server

fresh baked croissant 3.5

appetizers

1 lb classic chicken wings 17

buffalo, salt & pepper, bbq, honey garlic with celery, carrots and buttermilk ranch

80's potato skins 11.5

cheese, bacon, green onion, salsa & sour cream

nachos 14.5

house-made tortilla chips, all the right stuff
add 4 spicy beef • 4 crunchy chicken

salt + pepper dry ribs 15.5

house-made dill dip

quesadilla 12.5

tomato, red pepper, green onion & cheddar, salsa, sour cream & guacamole

sweet chili chicken bites 13.5

crispy chicken bites tossed with sweet chili

queso & chips 9

there's nothing like a good queso to dunk your fresh tortillas

chico blanco tacos 12.5

3 fish, 3 chicken or 3 pulled pork, cheese, shrettuce with black pepper lime sour cream, side salsa

loaded cactus chips 13

thin sliced potatoes fried crispy, topped with cheese, bacon bits, tomato, green onion & chipotle lime ranch

big chili cheese fries 12

chili & cheese & fries

breakfast until 11 am... ask about all day & kids options

yogurt bowl 9

greek yogurt with fresh fruit & toasted granola drizzled with honey

health club 11.5

one poached egg, toast, fresh tomato & fresh fruit or greek yogurt

traditional eggs benedict 14.5

two lightly toasted english muffin, black forest ham, medium poached egg with shredded or diced potatoes, topped with buttery real hollandaise sauce

house-made pancakes, waffles or french toast 12.5

made fresh, garnished with whipped cream and fruit compote or syrup & butter

traditional breakfast 12

two eggs your way, three breakfast sausages or three strips of bacon or two slices of ham served with shredded or diced potatoes & toast add a pancake? 3.5

heritage heavenly omelette 12.5

three egg omelette with your choice of 3 fillings. served with shredded or diced potatoes & toast

the lumberjack 14.5

two golden pancakes, 2 bacon, 2 sausages, 1 slice of ham, 2 eggs any style, shredded or diced potatoes & toast

the rancher 19

charbroiled aaa 6 oz. sirloin steak, 2 eggs any style, shredded or diced potatoes & toast

oatmeal 6

milk, brown sugar & raisins

cereal - assorted 6

milk

white • wheat • marble rye • multi-grain • sour-dough • gluten free

dirty fries

buffalo chicken 13

chicken, mozza, gravy, buffalo sauce

cheeseburger 15

beef, cheese, gravy, dill pickles, shrettuce, tomato, red onion, ketchup, mustard

classic 11

mozza, gravy

dips & gravy

house-made dill dip 1.5

jalapeño cheese dip 1.5

chipotle lime ranch 1.5

hot gravy 1.5

side queso 3

burgers

sk + fries 14.5

6 oz. fresh 100% canadian beef patty, chef's sauce on a toasted potato roll with shrettuce, tomato & onion
add cheese/bacon add 2. ea.

rsk double + fries 18

two 6 oz. fresh 100% canadian beef patties, bacon, cheese & chef's sauce on a toasted potato roll with shrettuce, tomato & onion

crunchy chicken + fries 14.5

frank's buttermilk chicken breast on a toasted potato roll with crunchy slaw and pickles

design your own

customize your sk or rsk or crunchy chicken
add 2\$ per item

grilled mushrooms

melty swiss

bacon

stadium cheese

crispy onion strings

teriyaki

grilled pineapple

guacamole

fried egg

sautéed onions

pickled jalapeños

smoky bbq sauce

pulled pork

blue cheese

entrées*

mac & cheese 14**

this classic recipe is sure to satisfy the kid in all of us, comes with garlic toast

veal cutlet dinner 14.5

fries + vegetable

liver & onions dinner 14.5

fries + vegetable

chicken fingers + fries 13.5

three crispy chicken tenders with plum sauce & vegetable

hot beef sandwich 14.75

sliced tender house roasted beef piled high on garlic toast with our rich gravy + vegetable

grilled chicken breast 14.5

served with creamy mushroom sauce + vegetable

hot hamburger sandwich 14.5

6 oz. beef patty served on garlic toast with sautéed mushrooms, onions & gravy

house-made fish & chips 17

2 piece fish, lightly battered. house-made tartar sauce, coleslaw

*substitute **no side

caesar or tossed or onion rings or cactus chips or sweet, mashed or baked potato instead of fries?

soup of the day 5 / 3.75

ask your server about a bowl or cup of our house-made soup {no soup on sunday}

salads

grilled chicken skewer salad 14.5

grilled garlic naan topped with bocconcini cheese & tomatoes, garden greens, with an olive oil balsamic drizzle

caesar salad 12

romaine, parmesan, croutons, garlic bread add 4. crunchy chicken

sandwiches

southwest chicken wrap + fries 14

grilled chicken, bacon, tomato, shrettuce, cheese & poblano avocado ranch

turkey pesto mozza melt + fries 15

smoked turkey, bacon, tomato, bocconcini cheese, pesto mayo, on san francisco sour-dough, grilled to perfection

heritage classic club house + fries 14.5

smoked turkey, bacon, cheddar, shrettuce, tomato & mayo on white, brown, marble rye, multi-grain or sour-dough bread add 2. sautéed onions

french dip + fries 14.5

house roast beef, swiss, mushrooms & horseradish sauce on a toasted roll, served au jus

monte cristo + fries 14.5

dipped egg bread with turkey, ham, swiss, cheddar grilled to perfection

steak sandwich + fries + caesar 18

8 oz. grilled sirloin, garlic toast, crispy onion strings, sautéed mushrooms

fish sandwich + fries 14

lightly battered, house-made tartar sauce, potato roll, shrettuce, cheese. it's really good!

steak & blue + fries 16

sliced steak, blue cheese, crispy onion strings & shrettuce on grilled san francisco sour-dough

white • wheat • marble rye • multi-grain • sour-dough • gluten free

chef salad 16.5

garden greens, roast beef, ham, turkey, hard egg, tomato, cucumber & cheddar, choice dressing

garden greens 9

your choice of hellmann's dressing

taco salad 14.5

mixed greens, roasted corn, guacamole, black beans, crispy tortillas, chipotle lime ranch dressing, shredded cheese add 4 spicy beef • 4 crunchy chicken

beverages

fruit juice sm 2.25 lg 3.25

milk or chocolate milk sm 2.25 lg 3.25

hot chocolate 2.25

pop or iced tea 2.25 (bottomless)

lemonade or cranberry 2.25 (bottomless)

coffee or tea 2.25 (bottomless)

we have a wide variety of flavoured and herbal teas

please ask your server.

milkshakes

chocolate, strawberry or vanilla 6

proper, milk, ice cream, how they should be

dessert ask your server!

kids

grilled cheese triangles 4

with fries

chicken fingers 6

with fries & plum sauce

buttered noodles 5

with parm

special coffee

cappuccino 4.5

latte 4.5

mocha 5

payment

