

breakfast {until 11am}

yogurt bowl 10

greek yogurt with fresh fruit & toasted granola drizzled with honey

traditional eggs benedict 12

two lightly toasted english muffin, canadian back bacon, medium poached egg with shredded or diced potatoes, topped with buttery hollandaise sauce

lumberjack 14.5

two golden pancakes, 2 bacon, 2 sausages, 1 slice of ham, 2 eggs any style, hashbrowns or breakfast potatoes & toast

white • wheat • rye

health club 10

one poached egg, toast, fresh tomato & fresh fruit or greek yogurt

traditional breakfast 11

two eggs your way, breakfast sausage or bacon or ham. served with shredded or diced potatoes & toast

heritage omelette 11.5

three egg omelette with your choice of 3 fillings. served with shredded or diced potatoes & toast

pancakes, waffles or french toast 11

garnished with whipped cream and fruit compote or syrup

burgers

sk burger + fries 12

6 oz. fresh 100% canadian beef patty, chef's sauce on a toasted bun with lettuce, tomato & onion
add cheese/bacon add 2. ea.

rsk double burger + fries 18

two 6 oz. fresh 100% canadian beef patties, bacon, cheese & chef's sauce on a toasted potato roll with lettuce, tomato & onion

crunchy chicken + fries 14.5

buttermilk chicken breast tossed in buffalo sauce on a toasted potato roll with crunchy slaw and pickles

soup of the day 5 / 3.75

ask your server about a bowl or cup of our house-made soup
{no soup on sunday}

salads

add 4. for bacon • 4. for chicken • for any salad

garden greens 10 caesar salad 12.5

your choice of dressing romaine, parmesan, garlic croutons, garlic bread

entrées

veal cutlet dinner 15

fries + veggies

liver & onions dinner 15

fries + veggies

chicken fingers + fries 15

three crispy chicken tenders served with plum sauce

hot beef sandwich 15.5

sliced tender house roasted beef piled high on garlic toast with our rich gravy

grilled chicken breast 15

served with creamy mushroom sauce or á la parmesan

hot hamburger sandwich 15

6 oz. beef patty served on garlic toast with sautéed mushrooms, onions & gravy

lasagna 17

housemade meat sauce, layered with pasta & baked with mozzarella. served with garlic bread

dirty fries & stuff

buffalo chicken 13.5

chicken, mozza, gravy, buffalo sauce

classic 11

mozza, gravy.

chili cheese 12

chili, cheese, gravy, sour cream

nachos 14.5

add spicy beef or chicken add 4.

house-made tortilla chips, all the right stuff

salt + pepper dry ribs 17.5

house-made dill dip and caesar salad

classic chicken wings 14

buffalo, salt & pepper, bbq, honey garlic

potato skins 13

loaded with cheese, bacon bits & green onion. served with salsa & sour cream

flatbread pizza

the traditional 10

tomato sauce & cheese

the hawaiian 13

smoked ham & pineapple

the vegetarian 12

mushrooms, peppers, red onion, fresh tomato slices, black olives

the pepperoni 12

pepperoni slices

the house special 14

italian sausage, spicy beef, pepperoni, peppers & red onion

extra toppings each 1.5

SEASONS

CAFE & EATERY

sandwiches

south west chicken wrap + fries 14

grilled chicken, bacon, tomato, lettuce, pepper jack cheese & poblano avocado ranch

steak sandwich + fries + caesar 18

8oz. grilled sirloin, garlic toast, crispy onion rings, sautéed mushrooms

french dip + fries 14.5

house roasted beef, swiss cheese, mushrooms & horseradish sauce on potato roll. served with au jus

heritage club house + fries 14.5

turkey, bacon, cheddar, lettuce, tomato & mayo on white, brown or rye

bacon lettuce tomato + fries 11

classic on white, brown or rye

monte cristo + fries 14.5

egg dipped texas toast with turkey, ham & swiss. grilled to perfection

house made fish & chips 17

2 piece fish, lightly battered. house tartar sauce, coleslaw

kids (includes drink)

grilled
cheese
triangles

7
7

with fries.

buttered
noodles

7

with parm.

chicken
fingers

7

2 piece

dessert ask your server!

We proudly serve 

beverages

fruit juice sm 2.25 lg 3.25

milk or chocolate milk sm 2.25 lg 3.25

hot chocolate 2.25

pop or iced tea 2.25 (bottomless)

lemonade or cranberry 2.25

(bottomless)

coffee or tea 2.25 (bottomless)

we have a wide variety of flavoured and herbal teas, please ask your server.